**Patient Name:** SALAZAR-ERAS, INGRID

**Date of Birth:** 01/20/1980

**Date of Service:** 02/23/2022

**History of Present Illness:**  
This is a 42 year-old right hand dominant female who was involved in a motor vehicle accident in May 2021. Patient states that she was a restrained driver of a vehicle, which was involved in a passenger side collision while she was cut off and struck on the passenger side. Patient was taken to Jersey City Medical Center. Patient injured Right Shoulder in the accident. The patient is here today for orthopedic evaluation. Patient had PT for shoulder, which has helped. Patient had no injections.

The patient complains of right shoulder pain that is 8/10, with 10 being the worst, which is sharp and throbbing in nature. Right shoulder pain radiates into deltoid. Right shoulder pain increases with some movement, lifting. The right shoulder pain improves with medication.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
Tramadol, muscle relaxer.

**Allergies:**  
No known drug allergies

**Social History:**  
Nonsmoker. Nondrinker. Patient is not working, last date of work was on 10/31/2021.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 5 inches tall weighs 125 pounds   
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Shoulder:**  
Examination of the shoulder revealed tenderness to palpation at AC joint and rotator cuff. There was no effusion. No crepitus was present. No atrophy was present. Drop arm, and apprehension tests were negative. Hawkins and Neer's test were positive. Range of motion Abduction 140 degrees (180 degrees normal ) Forward flexion 150 degrees (180 degrees normal ) Internal rotation 60 degrees (80 degrees normal ) External rotation 80 degrees (90 degrees normal )

**Diagnostic Imaging:**  
05/10/2021 - MRI of the right shoulder reveals moderate rotator cuff tendinosis/strain and subacromial subdeltoid bursitis. Low-grade partial thickness tear distal supraspinatus measuring 8 x 10 mm. Appearance consistent with SLAP tear. Subacromial spur.

**Assessment and Plan:**  
Diagnosis: Partial thickness supraspinatus tear.

The patient’s Right Shoulder was examined   
MRI of the Right Shoulder was reviewed.   
Patient is to return to the office in 8 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**